

## Community and Family Support

CAREGIVER #1:

I never went to college.

CAREGIVER #2:

No one in our family has ever gone.

CAREGIVER #3:

It's a lot different from when I went.

CAREGIVER #4:

I didn't know what to say about college.

CAREGIVER #2:

But I knew she wanted to go.

CAREGIVER #5:

I wanted her to go.

CAREGIVER #1:

I went to all of his high school activities.

CAREGIVER #2:

I started talking about what talents could turn into careers.

CAREGIVER #4:

I helped with homework.

CAREGIVER #3:

I found him an opportunity to job shadow.

CAREGIVER #1:

In the end, the best thing I gave...

CAREGIVER #2:

...the very best thing...

CAREGIVER #4:

...was encouragement.

## NARRATOR:

Is 'college' a word rarely used in your home? Perhaps no one in your family has ever gone to college, so you're hesitant or reluctant to encourage your child to go. But what if that changed? What if you could lead your child on an exploration of their future?

Small steps you take can make a big difference. First, encourage your child to do their schoolwork. If you can help, help them. If not, help them find tutoring help through the school. Support them in their school activities.

Talk to them about how they can use their talents. Look for activities to attend at the local college.

Ask your child's school about job shadowing. This allows your student to spend the day "shadowing" someone as they work in their profession. You can also check in with the high school guidance counselor for upcoming career fairs. They are a great way for you and your child to explore career possibilities.

Once your child has indicated a desire to go to college, help them find the right fit. Maybe despite all you do and say, your child doubts they can do it. In that case, point out times when they have felt that way and yet accomplished their goal. If they make a meal for a family member or drive someone to an appointment, say, "I appreciate how dependable you are."

Remind them that completing a task, finishing tasks on time, and being dependable are all qualities of a successful student.

No matter how much involvement you have in a child's life, you have the opportunity to be your child's biggest cheerleader!

## Find a College

ndus.edu nd-can.com aihec.org college.gov

Pay for College

<u>fafsa.gov</u> <u>nd-can.com</u> studentaid.ed.gov

Prepare for College

nd-can.com actstudent.org collegeboard.org

For more information, call 1.800.554.2717.

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